

## MORNING PRAYER during Lent



### Preparation

O Lord, open our lips  
**and our mouth shall proclaim  
your praise**

A prayer of thanksgiving for Lent

Blessed are you, God of compassion and mercy,  
to you be praise and glory for ever!  
In the darkness of our sin,  
your light breaks forth like the dawn  
and your healing springs up for deliverance.  
As we rejoice in the gift of your saving help,  
sustain us with your bountiful Spirit  
and open our lips to sing your praise,  
Father, Son and Holy Spirit:  
**Blessed be God for ever!**

## Word of God

Psalmody (the psalm or psalms listed for the day)

**Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning is now,  
and shall be forever. Amen.**

Reading from Holy Scripture  
(one or both of the passages set for the day)

*Reflection is read*

The Benedictus (The song of Zechariah)

1. Blessed be the Lord the God of Israel:  
for he has come to his people and set them free.
2. He has raised up for us a mighty saviour:  
born of the house of his servant David.
3. Through his holy prophets he promised of old:  
that he would save us from our enemies,  
from the hands of all that hate us.
4. He promised to show mercy to our fathers:  
and to remember his holy covenant.
5. This was the oath he swore to our father Abraham:  
to set us free from the hands of our enemies,
6. free to worship him without fear:  
holy and righteous in his sight all the days of our  
life.

7. You my child shall be called the prophet of the most high:  
for you will go before the Lord to prepare his way,
8. to give his people knowledge of salvation:  
by the forgiveness of all their sins.
9. In the tender compassion of our God:  
the dawn from on high shall break upon us,
10. to shine on those who dwell in darkness and the shadow of death:  
and to guide our feet into the way of peace.

**Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning is now,  
and shall be forever. Amen.**

## **Prayers**

*We keep silence or pray for the church, the world, those we care for, and those in need.*

The Collect for the Day or one below

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service,  
so that when evening comes, we may once more give you thanks through our Lord Jesus Christ. **Amen**

## The Lord's Prayer

Our Father who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
Lead us not into temptation  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory  
for ever and ever.  
**Amen.**

## Conclusion

A blessing or the grace or a concluding response:

May God our Redeemer show us compassion and love.

Let us bless the Lord  
**Thanks be to God.**